



WE ARE HERE GATHERINGS
Jan 20th, 2025 Discussion Guide and Calls to Action

We recommend you watch the films in the following order, which you can stream or download at letitripple.org/wearehere:

We Are Here (8 mins)
30,000 Days (11 mins)
A Declaration of Interdependence (4 mins)
MLK speech excerpt (1 min)

- 1. What motivated you to show up today and participate in the gathering?**
- 2. Get involved locally**
 - a. What's something local you can commit to, to help build the world you want?
 - b. Are there local organizations, city commissions, or other groups you would like to join?
- 3. Support women leaders**
 - a. Who is a woman candidate you can support locally?
 - b. Would you consider running for office?
- 4. Find common ground**
 - a. If you have someone in your circle who voted differently, what do you agree on?
- 5. Mentor and ask to be mentored**
 - a. Who can you serve as a mentor to?
 - b. Who can be a mentor for you?
- 6. Protect equal rights and reproductive rights**
 - a. After watching the Sen. Gillibrand press conference about the Equal Rights Amendment, what other questions do you have?
 - b. Now that the Equal Rights Amendment has been declared the law of the land as the 28th Amendment, how does that make you feel?
 - c. What is a small thing you can do right now to protect our rights?
 - d. What is a big thing you can be a part of to protect our rights?



- e. Would you be interested in volunteering at your local planned parenthood to learn how to be an escort for women getting care? You can do a simple search on this.

7. How can this group support these actions as a collective force?

Calls to Action

- **Get involved locally**
- **Mentor and ask to be mentored**
- **Continue to support women running for office**
- **Protect reproductive rights in your state**
- **Uphold the Equal Rights Amendment, the 28th Amendment- Declared by President Biden as the Law of the Land!**